



Kathy Aldrich 3

- Sr. ● D/M ● 5'1"
- Stuart, Va.
- Patrick County

On Aldrich: Two-year letterwinner...Back for her third varsity season after playing on the club team for two years...Provides a solid defensive presence as well as a defined leadership role...Tri-Captain for third consecutive season.

2004: Appeared in 14 contests, earning 11 starts in the defense...Again was a co-captain of the team.

2003: Co-captained the team...Started 12 of 16 games.

High School: Lettered in three sports at Patrick County and was named Senior Athlete of the Year...Named Homecoming Queen.

Personal: Daughter of Brenda Springston and Melvin Aldrich...A Modern Languages major.

Aldrich's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2003	15/12	0	0	0	0
2004	14/11	0	0	0	0
Totals	29/23	0	0	0	0



Alexa Bernas 16

- So. ● F/M ● 5'5"
- Mechanicsville, Va.
- Atlee

On Bernas: One-year letterwinner...Versatile and tenacious player who has played nearly everywhere on the field...Gives VMI a formidable front-line attack with Colleen Redmond.

2004: Tallied her first collegiate goal against Alabama A&M on 10/10 (unassisted)...Ranked second on the team with 22 shots, half of which came on goal...Started every contest at forward.

High School: Lettered four years at Atlee High School...Played at midfield in her freshman and sophomore seasons, earning academic all-district honors and scoring four goals in each of those years...Moved to forward and scored 11 goals in her junior season and 24 goals as a senior...Earned first team all-district and second-team all-region accolades...Has played for four club teams, including Rio Grande (New Mexico), FC Richmond, the Richmond Strikers and the D.C. Lady Demons.

Personal: Daughter of Christie and Edward Bernas...A Chemistry major.

Bernas' Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2004	16/16	22	1	0	2
Totals	16/16	22	1	0	2



Vanessa Berrios 11

- Jr. ● M/D ● 5'6"
- Yorktown, Va.
- Tabb

On Berrios: Will serve as team's central defender for the third straight season...Has great field vision and ability to make long passes...Good at shutting down offensive attacks...Leads by example.

2004: For the second straight year, started all 16 games at central defensive midfield...Had the third most shots on the team with 12...Became VMI's first Women's Soccer All-Academic selection...Held the rank of an S-6 Corporal in the VMI corps.

2003: Started all 16 games at central defensive midfield...scored two goals...Named to the Presidential Honor Roll.

High School: National Honor Society Member... Was a four-time all-district selection in high school and a second team all-region selection as a junior...Second team Newport News Daily Press All-Star as a senior...Named team MVP as a senior...Played for the U-18 WSC Revolution, a club team based in Williamsburg, Va...Has been a member of the Virginia Olympic Developmental Program...Member of National Honor Society...Named to National Honor Roll...Four-year member of the all-district band.

Personal: Daughter of Maribel and William Berrios...A Biology major.

Berrios' Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2003	16/16	17	2	0	4
2004	16/16	12	0	0	0
Totals	32/32	29	2	0	4



Sophomore Alexa Bernas will again be counted on up front on the Keydet attack.



Gia Bichara 8

- So. ● D/M ● 5'4"
- Chesapeake, Va.
- Great Bridge

On Bichara: One-year letterwinner...Solid defender who is expected to start at outside mid...Ranks as a Regimental Corporal in the VMI Corps.

2004: Started each game for VMI as a freshman, stepping in to give the Keydets another quality defender...Took four shots, two on goal.

High School: Lettered four years as a defender at Great Bridge and was named first team all-district as a junior and senior...Was a four-year honor roll student and four-year recipient of the Academic Achievement Award...Played for the Atlantic Soccer Club.

Personal: Daughter of Nancy and Noble Bichara...A Psychology major.

Bichara's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2004	16/16	4	0	0	0
Totals	16/16	4	0	0	0



Karen Bill 9

- Jr. ● D/M ● 5'5"
- Yorktown, Va.
- Tabb

On Bill: Two-year letterwinner...Tri-Captain...Gives the team another attacking presence...Can create opportunities from the defense or mid-field positions...Great vocal leader...Has been given more freedom to move from defense to offense and vice versa...Ranks as a Company Platoon Sergeant in the VMI corps.

2004: Started every game for the second consecutive season...Registered an assist on a goal by Colleen Redmond against Alabama A&M on 10/10...Ranked third on the team in shots on goal.

2003: Started all 16 games at midfield...Scored two goals and notched two assists...Scored in the historic first game vs. Bridgewater (8/29)...Also had two assists in Bridgewater game, which still stands as the school record (tied)...Scored unassisted goal against Morehead State on 9/26.

High School: National Honor Society member...Four-time all-district and three-time all-region selection at Tabb...Named Tabb's most valuable player in 2002...First team Newport News Daily Press All-Star and first team all-state as a senior...Played in the VHSCA All-Start game as a senior...Recipient of Chris Garvey "Fighting Spirit" Award as a junior...A four-year member of the band...Also played for the U-18 WSC Revolution, Bay Rivers USC, and Wildfire GSC club teams.

Personal: Daughter of Suzanne and Gary Bill...A Civil Engineering major.

Bill's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2003	16/16	6	2	2	6
2004	16/16	7	0	1	1
Totals	32/32	13	2	3	7



Hatley Clifford 14

- Jr. ● M/D ● 5'5"
- Plano, Texas
- Carrollton Christian

On Clifford: Two-year letterwinner...Poses dominant presence at defensive midfielder...Leads by example...Very hard worker...Attending VMI on an Air Force Commander's Scholarship.

2004: Started every game for VMI as a defensive midfielder...Took three shots on the season, one of which came on goal.

2003: Started all 14 games she appeared in on the season...Scored a goal against Morehead State on 9/26.

High School: Helped lead Carrollton Christian to a bi-district championship in 2001 and a TAPPS Winter Division II state championship in 2002...Was first team all-state selection as a sophomore and junior and first team all-state tournament selection as a junior...Also lettered in softball, basketball, track and cross country...Semifinalist for Texas Christian Athlete of the Year...Named Dale Hansen's Athlete of the week in Dallas on 11/2/02...A member of the National Honors Society...Played for the Texas Spirit '85 club team and captained the squad for two seasons.

Personal: Daughter of Nancy and John Clifford...Has three sisters, Jordan, Erin and Catherine, who ran track and cross country at Oklahoma State...An English major.

Clifford's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2003	14/14	3	1	0	2
2004	16/16	3	0	0	0
Totals	30/30	6	1	0	2



Anastasia Kovarik 12

- Jr. ● M/GK ● 5'6"
- Clayton, N.C.
- Wake Christian

On Kovarik: One-year letterwinner...A VMI Institute Scholar... Transferred to VMI from N.C. State, where she made the Dean's List both semesters as a member of the Air Force ROTC...Ranks as an S-3 Regimental Sergeant in the VMI Corps.

2004: Did not play.

2003: Started all but one contest for the Keydets' first varsity team, tallying an assist in a 5-2 loss to Morehead State on 9/26... Registered four shots, two of which were on goal, from her defense position.

High School: Played four years of varsity soccer at Wake Christian Academy in Raleigh and led her team to three state championships (2000-02)...Was a two-time all-state selection...Also lettered three years in basketball...Listed in Who's Who among High School students.

Personal: Daughter of Lisa and Kenneth Kovarik...A Mechanical Engineering major.

Kovarik's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2003	16/15	4	0	1	1
Totals	16/15	4	0	1	1



Raevon Pulliam 6

- Jr. ● F/M/D ● 5'3"
- Yorktown, Va.
- Tabb

On Pulliam: Two-year letterwinner...A sneaky offensive midfielder who is also a quality possession player and sacrifices herself for the good of the team...Ranks as a Company Platoon Sergeant in the VMI corps.

2004: Played in all but one contest, starting 13...Played mostly in the midfield while putting up four shots, half of which came on goal.

2003: Started 11 games and played in 12...Scored one goal and notched two assists...Named to the Presidential Honor Roll.

High School: Was a starter at Tabb...A member of the National Honor Society...Played for the U-18 Williamsburg Soccer Club Revolution, Bay Rivers USC and Wildfire GSC.

Personal: Daughter of Melissa Schatzel and Norman Pulliam...A Mechanical Engineering major.

Pulliam's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2003	12/11	9	1	2	4
2004	15/13	4	0	0	0
Totals	27/24	13	1	2	4



Colleen Redmond 7

- Jr. ● F/M ● 5'5"
- Brownsburg, Ind.
- Brebeuf Jesuit

On Redmond: Two-year letterwinner...Tri-Captain...The team's clear offensive leader for the third consecutive season...Has improved with confidence and recognizing situations...Is ready to improve on her stellar first two campaigns.

2004: Accounted for six of the Keydets' seven goals of the season, all but one unassisted...Became the first VMI women's soccer player to be named all-conference, receiving second team honors from the Big South Conference...Started every contest for the second consecutive season...Played in the midfield and at forward...Named VMI Athlete of the Week for Sept. 20-26...Converted both of the penalty kicks she attempted.

2003: Led the Keydets in scoring with 13 goals and 27 total points...Named second team all-state by VaSID...Named to Soccer Buzz's First Team for First-Year Programs...Scored the first goal of the program's varsity history in a 4-0 win over Bridgewater.

At Arkansas: Spent her freshman season of 2002 at the University of Arkansas, where she was originally recruited by former head coach Julie Davis...Played in four games for the Lady Razorbacks before receiving a medical redshirt.

High School: Helped Brebeuf Jesuit to two county championships as well as a regional and sectional championship in her freshman year...Holds the school's single season record for goals (19)...Also played for the Carmel Cosmos II club team that was the under-18 runner-up in her sophomore year and regional runner-up the following year at the United States Youth Soccer Association national championships...Was a member of the Indiana State Olympic Development team for seven years.

Personal: Daughter of Mary and William Redmond...Sister Katie played soccer at Purdue...Brother Michael played soccer at the University of Indianapolis...A Psychology major.

Redmond's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2002*	4/0	2	0	0	0
2003	15/15	56	13	1	27
2004	16/16	39	6	0	12
VMI Totals	31/31	95	19	1	39
Totals	35/31	97	19	1	39

*- played at Arkansas in 2002



Jessica 1 Rheinlander

- So. ● GK ● 5'7"
- Manassas, Va.
- Forest Park

On Rheinlander: One-year letterwinner...Will return to the starting goalkeeper spot for the second consecutive season...Gives the team a quality presence in the net.

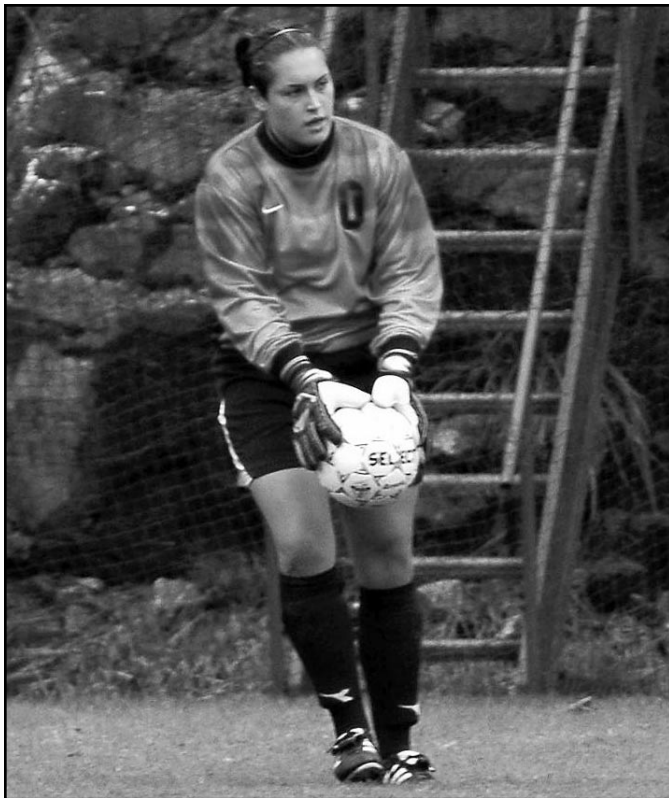
2004: Played every minute in goal for the Keydets...Ranked fifth in the nation in saves per game (8.56)...Her 137 saves rank as the most in VMI history...Made a season-high 14 saves at High Point on 9/26.

High School: Lettered four years at Forest Park High School...Earned second team all-district honors in each of her final two seasons...Was a four-year member of the National Honor Society and National Foreign Language Honor Society at Forest Park...Played for the PWSI Cardinals club team, where she helped lead the squad to Virginia State Cup runner-up finishes for two years.

Personal: Daughter of Pam and Tom Rheinlander...A Biology major.

Rheinlander's Career Statistics

Year	GP/GS	Min	SV	GA	GAA
2004	16/16	1440	137	87	5.44
Totals	16/16	1440	137	87	5.44



Sophomore Jessica Rheinlander is slated to start in goal for the Keydets in 2005 after playing every minute of last season in the net.



Erin 5 Squires

- So. ● D/M ● 5'0"
- Mechanicsville, Va.
- Atlee

On Squires: One-year letterwinner...A solid contributor on the defensive side of the midfield...Ranks as a Company Corporal in the VMI Corps.

2004: Started every contest for VMI at the outside midfield position...Tallied three shots.

High School: Lettered two years as a defender and midfielder...Was named second team all-district as a senior and was named the team's most improved player... An honor roll student...Played for the Arsenal Football Club, Richmond Strikers and A.C. Alliance Club team.

Personal: Daughter of Peggy and George Squires...A Biology major.

Squires' Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2004	16/16	3	0	0	0
Totals	16/16	3	0	0	0



Joselyn 21 Wall

- Sr. ● M ● 5'8"
- Lancaster, Calif.
- Desert Christian

On Wall: One-year letterwinner...Played one year on the VMI club squad.

2004: Appeared in 14 contests, earning starts in contests against Morehead State and Tennessee Tech as a defender and midfielder.

High School: Competed for two seasons in cross country at Desert Christian...Was a state finalist and member of the CIF Southern Section Champions...Salutatorian.

Personal: Daughter of Chris and Jeff Wall...Jeff played men's soccer at VMI...A Civil Engineering major.

Wall's Career Statistics

Year	GP/GS	Sh	G	A	Pts.
2004	14/2	0	0	0	0
Totals	14/2	0	0	0	0



Jackie Alix⁴

- Freshman • M/D • 5'1"
- Killingworth, Conn.
- Haddam-Killingworth

High School: Four-year letterwinner at Haddam-Killingworth...Was named Player of the Week by the Middletown Press...Also competed with Oakwood Premier, World Class, CT Jr. Wolves, CFC and Southeast Premier club teams, and was the high scorer on Southeast Premier...Holds a CJSA "E" Coaching License...Earned the Excellence in the Classroom Award and High Honors.

Personal: Daughter of Carol and Joseph Alix...Plans to major in International Studies.

Coach's Quote: "Jackie is a talented freshman player who has seen time at the center-mid and forward positions in high school. She has a lot of desire to help the team succeed this season."



Jessica Dick¹⁰

- Freshman • D/M • 5'5"
- Virginia Beach, Va.
- Kempsville

High School: Played four years at Kempsville...Earned the honor of Academic Athlete of the Year and was named the team's most improved first year player... Played two years for both the Virginia Rush and Beach FC Lightning club teams while also a member of a Under-19 sand soccer team...Named to the "Players to Watch" list by the Virginian-Pilot as a senior...Also played one year of field hockey and ran cross-country...A member of the National Honor Society and Spanish honor society.

Personal: Daughter of Sharon and Andrew Dick...Plans to major in Biology.

Coach's Quote: "Jessica is very talented athletically and brings strong experience from a solid club background. She will help us in a variety of roles this season, primarily as a defender and a midfielder."



Megan Strand²

- Freshman • M/D • 5'4"
- Fredericksburg, Va.
- Stafford

High School: Four-year letterwinner at Stafford...Scored seven goals and eight assists...A member of the Prince William Eclipse Summer League, the Richmond Strikers Orange team and was a member of the District ODP team in 2003...Also an accomplished field hockey player, Strand was named second team all-district and all-region and was an All-State Honorable Mention honoree...Was named to the Academic Honor Roll as a junior and a senior.

Personal: Daughter of Suzanne and Robert Strand... Major is undecided.

Coach's Quote: "Megan is a playmaking artist. She has excellent vision to find players. She has a great understanding of her role in the midfield that contributes to a team's good organization and ability to keep the ball moving in possession."



Alexa Tarbona²⁰

- Freshman • F/M • 5'8"
- Richmond, Va.
- Mills Godwin

High School: Played at Mills Godwin in Richmond... Helped lead Godwin to the Central Region Championship and an appearance in the State AAA Playoffs as a senior...As a junior, was part of a team that reached the State AAA Semifinals...Played for the Richmond Strikers Club Team...Won the Governor's Award.

Personal: Daughter of Susie and Sam Tarbona...Plans to major in English.

Coach's Quote: "Alexa is a hard-working player with a lot of desire. I expect to see her on the field at both the forward and midfield positions. She has been a great addition to the team."



Celine Ziobro¹⁵

- Freshman • D • 5'6"
- Henderson, Nev.
- Green Valley

High School: A member of the Nevada state champions in 2003 and was an honor student-athlete for four years... Named both All-Sunrise Region and All-Southeast Division as a senior, and was named to the All-City team as a junior...Played for the Tabagators '87 and Heat FC Storm '87 club teams...Has also played in the Surf Cup, WAGS, Texas Cup, Raleigh Shootout and Region IV ODP competition in Hawaii...Also competed in track and cross country...President of the Rotary Interact Club as a senior and received the Rotary Youth Leadership Award.

Personal: Daughter of Susan and Bernard Ziobro... Plans to major in Civil Engineering.

Coach's Quote: "Celine is an excellent athlete. She will also be a major contributor to our defense. She has great speed and ability to change pace dynamically to make key defensive decisions. She has good tactical and technical decision-making abilities to give versatility to the playmaking side of our defense."